



Rotary Youth Leadership Award



'The RYLA Experience'

Do you want to change your life? Have you tapped into your true potential? Are you between the ages of 19 and 28? Would you like to meet some new friends, find some inspiration and motivation, and experience life from a different perspective? If this is you, RYLA 2008 could be the answer.

RYLA offers an exciting combination of energetic team leaders, motivational speakers, self-development concepts, and over 100 hours of interaction and fun. Awardees can take a week away from their usual work or study, given a real opportunity to step out of their 'comfort zone' and push beyond their personal boundaries in a friendly and supportive environment. The life tools, confidence and personal development gained are invaluable to the individual participants and are qualities that can be taken out of RYLA and back into daily life.

If you already know someone who has been to RYLA, you would have seen the difference and the great benefits that can be gained from this unique program.

RYLA enables you to:

- ◆ Exchange ideas, opinions and plans with talented, energetic people like yourself, in an atmosphere free from pressure and distraction.
- ◆ Explore new career paths or learn more about your chosen field through discussions with business and professional people who are already successful in these areas.
- ◆ Acquaint yourself with a premier service organisation and with decision makers in your community.
- ◆ Discuss ways to become a role model for friends facing decisions on important social issues such as drugs and drinking.
- ◆ Discuss approaches for resolving family, social and professional conflicts.
- ◆ Develop a special rapport with your local Rotary Club.

Why should I attend?

The RYLA programme provides a broad range of experience to rapidly assist your personal growth. It is a chance to focus on your leadership skills and on the direction of your life.

As a RYLA participant you will have the opportunity to interact with people of your age, from a wide range of backgrounds, who are enthusiastic about their self- development.

What will I be doing at RYLA?

As outlined above, you will be working closely with speakers who are leaders in their respective fields. You will attend workshops and lectures on a broad range of subjects crucial to your personal success, including:

- ◆ Leadership
- ◆ Public Speaking
- ◆ Self Motivation
- ◆ Goal setting
- ◆ Conflict Resolution
- ◆ Psychology
- ◆ Stress Management
- ◆ Team Work
- ◆ Financial Management
- ◆ Group Dynamics
- ◆ Personal Relationships
- ◆ Negotiation Skills

In addition to the challenging programme there are also opportunities for you to get outside and participate in a variety of sports, go swimming, walking and just have some fun.

When and where is it?

Rotary International District 9640 conducts its RYLA programme in early February each year.

The next programme runs from 12 noon Saturday 2nd February until 1: 00 pm Friday 8th February, 2008.

It is held at the Tyalgum Ridge Retreat, Tyalgum, bordering the Tweed Valley, Mt. Warning, Rainforest and the World Heritage National Parks. Tyalgum Ridge Retreat is only 60 minutes drive from the Gold Coast and approximately two hours drive from Lismore.

What will it cost me?

If you are selected to attend your sponsoring Rotary Club or your employer may cover all of the costs.

Your investment for the week is a total commitment to developing your leadership abilities and contributing to the RYLA Programme.

How do I apply?

Applications are open to people aged between 19 and 28.

The selection process is conducted by your local Rotary Club and involves submitting an application form (available directly from the club or the 9640 RYLA Committee) and attending an interview.

The Rotarians will focus on a number of selection criteria. Most importantly, you must demonstrate a commitment to developing your leadership abilities and applying them for the benefit of your community.

You need to have applied by 30th November to be considered for the programme.

How do I find out more?

You can call Rotary International District 9640 RYLA Chairman Bruce Flynn on 0402427604 or contact your local Rotary Club Youth Director.